

Summerfest Run 2011



Saturday, August 27, 2011
8:30 am

Hastings Middle School

Directions from Grand Rapids:

Take M-37 south to Hastings. Turn left at the stoplight (intersection of M-43 & M-37). Go to 3rd light (Broadway) and turn right. Broadway runs directly into the front of the middle school. *Park along the side streets.*

Directions from Kalamazoo:

Take M-43 north to Hastings. Turn right at Broadway. This street will run directly to the front of the middle school. *Park along the side streets.*

Directions from Battle Creek:

Take M-37 north to Green Street. Turn left on Green St. and go to 2nd stoplight. Turn left on Broadway which runs directly into the front of the middle school. *Park along the side streets.*

Directions from Lansing:

Take M-43 south to Hastings. M-43 will turn into Broadway. Broadway runs directly into the front of the middle school. *Park along the side streets.*

**Early registrations
must be postmarked by
August 19, 2011**



2011 HASTINGS SUMMERFEST
5K-10K RUN/WALK

c/o PENNOCK
Health & Wellness Center
915 W. Green St.
Hastings, MI 49058



SATURDAY
AUGUST 27, 2011
8:30 am
HASTINGS MIDDLE SCHOOL

PRSR.STD
U.S. POSTAGE
PAID
GRAND RAPIDS, MI
PERMIT #657

Pennock Health & Wellness Center
915 W. Green St. • Hastings, MI 49058
(269) 948-3139
www.pennockhealth.com

Hastings Summerfest Run 2011

Please print clearly and sign. If application is not filled out correctly and clearly, it will not be processed. The race organizers reserve the right to reject any entry. This registration can be duplicated.

You may also register on-line at:
www.signmeup.com

First Name: _____

Last Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Date of Birth: _____ Age on race day: _____

Gender: (circle one) Male Female

T-shirt size: (circle one) S M L XL XXL

Event: (circle one) 10K Run 5K Run/Walk 5k Wheeler

Registration Fees: (check one)

- Early Registration postmarked on or before Aug. 19, \$20
 Late Registration postmarked on Aug. 20 or day of race, \$25
 Early Family Registration postmarked on or before Aug. 19, \$70
 Early Group Registration on or before Aug. 19, \$15 per person

Group Name: _____

RACE WAIVER: Please accept my entry in the Hastings Summerfest 5K run/walk, 10K run. I know that running/walking a road race is a potentially hazardous activity. I state that I am physically fit for the event that I enter. I agree to assume all risk associated with participating in this event, including, but not limited to falls, the effects of the weather, traffic and the conditions of the roads or paths. Having read this waiver and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, and release Hastings Summerfest, Hastings Area Chamber of Commerce, City of Hastings, Barry County, Pennock Hospital, Classic Race Management and all other race workers, volunteers, or sponsors of the Hastings Summerfest, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Entrant's Signature (parent if entrant is under 18) _____

Emergency Contact: _____

Emergency Contact phone number: _____

Return this form with check or money order to:

Hastings Summerfest Run 2011
 c/o Pennock Health and Wellness Center
 915 W. Green St. • Hastings, MI 49058

DATE & TIME: Saturday, August 27, 2011. Both events begin at 8:30 am.

REGISTRATION: Early registration entries must be postmarked by August 19, 2011 and accompanied by an entry fee of **\$20.00**. Participants may also register late on August 27, 2011 during packet pick-up at Hastings Middle School for an entry fee of **\$25.00**. All entry fees are non-refundable.

FAMILY REGISTRATION: (Early Registration ONLY!) Families of 3 or more can register together for a discounted rate of \$70.00 per family postmarked by August 19, 2011. (*Families can only consist of immediate members and live in the same household.*)

GROUP REGISTRATION: (Early Registration ONLY!) Groups of 6 or more un-related persons registering together can qualify for a reduced registration fee of \$15 per person. Contact Jamie VerStrate, Race Coordinator, for more details. (269) 948-3139.

PACKET PICK-UP: Packet pick-up will be held from 6:45 am to 8:15am at the Hastings Middle School gymnasium.

COURSES: The courses are the same as the last few years. Start on Clinton between blocks of Park & Washington and finish at Hastings Middle School. Both courses are USTAF certified # MI 09018 5H.

T-SHIRTS: Race t-shirts are guaranteed to all pre-race day registrants. T-shirts cannot be guaranteed to those individuals who register the day of the race.

AWARDS: Awards will be given to the top overall winners in the men's, women's, and masters' (both men and women) racing divisions, as well as the top three runners in each age group (male and female). The top three overall walkers will also be awarded. Awards can be picked up in the Middle School gym until 10:30 a.m. Awards will also be available for pick up at the Pennock Health and Wellness Center until September 9, 2011.

AGE CATEGORIES: (MALE & FEMALE) 13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70+.

Chronotrack Scoring System by Classic Race Management

Hastings Summerfest Run 2011 will be timed using the Chronotrack Scoring System. All results will be posted at www.classicrace.com after the event. The disposable chip will be attached to your shoe and it is imbedded with a unique code. Each chip interacts with sensor mats at the start and finish of the race. Please note the following requirements:

- ✓ Chips are non-transferable and must be worn only by the participant it is assigned to.
- ✓ Do not run with the disposable chip in your hand or any other place other than your shoe.
- ✓ Do not cross the finish line twice.

This event endorsed by



MICHIGAN FITNESS FOUNDATION

www.michiganfitness.org

This event has been reviewed for the physical activity content and has been endorsed by the Governor's Council on Physical Fitness, Health & Sports. This does not reflect endorsement of the sponsoring organization or the products used.

Special Thanks To Our Sponsors:



PENNOCK
HEALTH & WELLNESS



Road ID
It's Who I Am.

